

February 2012

Sainsbury's product guidance for VEGANS

About this list

This list contains Sainsbury's own brand products that are suitable for a vegan diet. As there is currently no legal, common definition for the word vegan, Sainsbury's uses the following definition of vegan for application to Sainsbury's own brand foods: **"A vegan avoids anything produced by live animals in addition to any ingredients derived from dead animals."**

A vegan will avoid the following.

- Animal Flesh, including meat, fish, poultry and shellfish.
- Stock made from animal flesh, as above, or from bones (in bouillons, stocks, soups and sauces).
- Animal Fats, including lard, suet and dripping (as an ingredient, for frying, greasing pans etc)
- Milk and milk products e.g. cream, butter.
- Milk derivatives e.g. lactose, lactates, caseinates.
- Cheese and whey powder, regardless of the rennet source.
- Honey and all other bee products (e.g. royal jelly, propolis, bees wax)
- Wines, wine vinegar, beers, ciders clarified using caseinates or egg albumen.
- Lanolin, the precursor of vitamin D

Our suppliers and product technologists have ensured that all products contained in this list do not contain any ingredients that are, or are made from, ingredients derived from animals. The risk of these products being contaminated with animal products at any stage of the supply chain or production process has also been effectively managed.

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Using the list

This list **does not** include products from the **In Store Bakery**, the **service deli**, the **hot food counters**, **fresh meat** and **fresh fish counters**, Sainsbury's **café** or the **self-service salad bar**. This is due to the potential risk of cross contamination caused by the open food handling.

Within the list, the products are divided by categories e.g. Fresh meal solutions, Dairy, Biscuits etc.

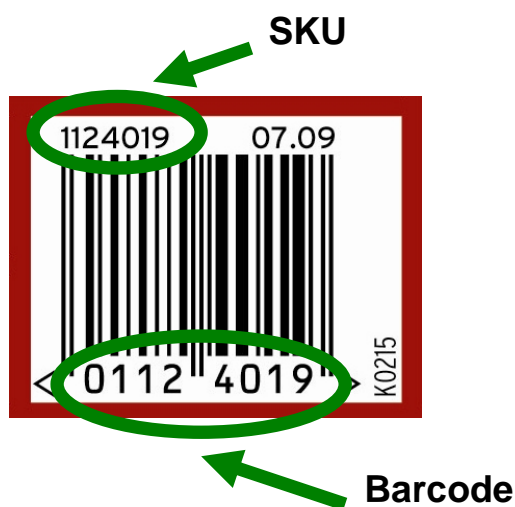
These categories are then divided into sub-categories. So in **Fresh meal solutions** you will find Classic meals, Inspired to Cook, Fresh Italian meals, Fresh Indian meals etc. Following each sub-category there is a four digit number in brackets, e.g. Fresh Italian meals (0015). This is the department code that is unique to the sub-category, this code may help the Sainsbury's colleague in store find the product for you.

The *first column* of the list contains some numbers, used internally by Sainsbury's, called **SKUs**. Each product has a unique SKU number and this may help the Sainsbury's colleague in store or on the customer service desk help you identify the product you are looking for.

The *second column* contains the **barcode** that appears on pack.

The *third column* is the product description. This is the name of the product that appears on the front of pack and it also includes the weight of the product.

How to identify the exact product from the list, when you're doing your shopping:



Sainsbury's sub-brands and abbreviations used in the list:



basics. This is a wide range of Sainsbury's quality food and non-food products at surprisingly low prices, helping budget conscious shoppers lower the cost of their weekly shop. Over 200 of our basics products cost 50p or less. The basics range conforms to our high standards of quality, health and integrity which is why basics foods are free from hydrogenated fats and artificial flavour enhancers.



Taste the difference (abbreviated in the list to Ttd). This is Sainsbury's premium offering of food & drink, giving customers a wide range of high quality, fantastic tasting products. Our teams take time, care & attention to ensure we source the best ingredients & recipes from around the world, to deliver an outstanding taste experience.



be good to yourself (abbreviated in the list to bgty). This is Sainsbury's healthier option range where we have developed great tasting everyday essential products which are better for you because we have controlled the levels of fat, saturated fat, sugar and salt without compromising on taste. All products will either be less than 3% fat or reduced fat (containing at least 30% less fat than the standard equivalent product).



freefrom. This is Sainsbury's brand of products that have all been specially made without wheat or gluten and most are also made without dairy. Products are suitable for coeliacs and people with a wheat allergy. Most are also suitable for people with milk allergy or lactose intolerance.



Sainsbury's SO Organic. This is Sainsbury's range of products where we have developed an organic alternative to most mainstream products. Products are made without the use of artificial fertilisers and limited use of pesticides. Farming practices aim to encourage wildlife and promote optimum soil health. Meat and animal derived products are from farms working to the highest standards of animal welfare. All products have been certified by an organic certification body such as the Soil Association, all whom conform to the standards laid down by the UK and EU government.



Kids. This is Sainsbury's range for kids, giving healthy choices that mums trust and children enjoy. The range is nutritionally balanced and designed especially for children between 4 and 8 years of age, making it a convenient and tasty way to eat healthily. Every product meets

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Sainsbury's strict standards on salt, sugar and saturated fat and is taste tested and approved by children.

How to read Sainsbury's labels

The following products are considered by Sainsbury's to be obviously suitable for vegans and are therefore excluded from vegan labelling:

Loose and pre-packed fruit, vegetables and salad vegetables
Cooking oils
Plain (unseasoned flours)
Salt, Pepper, Herbs, Spices and Curry Powders
Dried Fruit and Plain Nuts
Non-stuffed olives, vinegar and plain pickles (i.e. those not in sauces).
Plain Rice
All Plain Fresh, Dried, Canned and Frozen Fruit and Vegetables.
Tea, Coffee and Plain Water
Plain dried Pulses.

All other products contained in the following list are suitable for vegans and will be labelled on the back or front of pack with the logo below:



Nutrition information for vegans

Excluding cows' milk from the diet can potentially lead to inadequate intake of certain nutrients including some B vitamins and especially calcium. Alternative sources of calcium include fortified soya milk and soya products, fortified cereals and bread, dark green leafy vegetables and pulses. Calcium from some of these sources (eg pulses and cereals) is less well absorbed than from milk and dairy so you may need to take in larger amounts.

Iron: Plant sources of iron include dark leafy green vegetables such as sprouting broccoli or kale, wholemeal bread, apricots, lentils, pulses and fortified breakfast cereals. However, iron from vegetable sources is not as well absorbed by the body as iron derived from red meat. One way of increasing the efficiency of iron absorption is to eat the food with a good source of vitamin C. For example, have a glass of orange juice with your breakfast cereal.

Eggs are a good source of vitamin B12, B2 and vitamin A so check that you include other sources of these vitamins in your diet. The best plant sources of vitamin A include dark green leafy vegetables and orange coloured fruit and vegetables. Alternative sources of vitamin B2 are rice and fortified breakfast cereals. Only animal derived foods (meat/dairy) and fortified breakfast cereals can supply Vitamin B12 so ensure you include plenty of fortified foods such as breakfast cereals or consider using a supplement. For vitamin D you will need to ensure that you get enough sunlight.

Fish and shellfish are good sources of a variety of vitamins and minerals, and oily fish is particularly rich in omega 3 fatty acids. If you are avoiding fish, make sure you eat other sources of omega 3 fatty acids. Plant-based seeds and oils that are good sources of omega 3 fatty acids are linseed, flaxseed, walnut and rapeseed. Try and include these plant sources in your diet everyday.

Dairy products and eggs are important sources of the essential amino acids – those amino acids that can't be made by the body and need to be obtained from food. Other sources include, lentils, beans, soya, nuts, seeds and grains, such as wheat, barley, oats, rice and quinoa. However, in order to order to gain all the essential amino acids from these plant sources you should try and combine plant sources in the same meal. E.g. Beans on toast, rice with dahl.

Sainsbury's own brand products suitable for Vegans		
FRESH MEAL SOLUTIONS	FRESH BGTY MEALS (0058)	
07214579	0000001707229	bgty less than 3% fat Mediterranean vegetable pasta 400gram
	FRESH INDIAN MEALS (0240 & 0253)	
01012231	0000001012231	Three colour pilau rice 500gram
01191691	0000001191691	Indian: Bombay potato 300.000gram
01192216	0000001192216	Pilau rice 250gram
01192384	0000001192384	Mushroom pilau rice 250gram
06843212	0000001609134	Ttd Coriander pilau rice with fresh coriander & mustard seeds 250gram
06843254	0000001609264	Ttd BOMBAY POTATO 250gram
07080341	0000001674132	Channa masala 300gram
07080435	0000001674217	2 Onion Bhajis 110gram
07080455	0000001674262	6 Spinach Pakora 255gram
07333515	0000001743142	Ttd VEGETABLE PORIYAL 200gram
07462212	0000001776508	TTD MASALA DAAL 250gram
07089659	0000001679496	Indian Poppadoms 80gram
07519821	0000001807691	by Sainsbury's INDIAN Babycorn & pepper masala 300gram
07520058	0000001808025	by Sainsburys tomato relish 130gram
07520115	0000001808032	by Sainsburys tamarind & chilli dip 150gram
07519979	0000001807943	by Sainsbury's INDIAN vegetable jalfrezi 400gram
07520011	0000001807974	by Sainsbury's INDIAN 8 Sweet potato & red onion bhajia 256gram
07520443	0000001808353	by Sainsbury's INDIAN 8 onion bhajia 256gram
	FRESH ORIENTAL MEALS (0429)	
00478335	0000000478335	Crispy seaweed 70gram
07418089	0000001764338	Thai sticky rice 250gram
	MEXICAN (0059)	
07509543	0000001799040	Red Tomato Rice. 500gram
	FRESH PASTA & SAUCE (0406)	
07340048	0000001745689	Ttd Chargrilled Vegetable & Tomato Caponata Sauce 350gram

	FRESH PIZZA (0417)	
07084493	0000001676341	Thin & Crispy 2 Pizza Bases 300gram
	VEGETABLE SIDE DISHES (0603)	
06338218	0000001222890	TtD RUSTIC CHIP 400gram
06855555	0000001619959	Roasted root vegetables 400gram
07465450	0000001779738	TTD SUMMER ROASTED VEGETABLES 400gram
07515443	0000001804089	CLASSIC Spicy cauliflower 200gram
07519506	0000001807394	CLASSIC roast potatoes 400gram
07519634	0000001807493	TTD ROAST SWEET POTATOES 400gram
07519649	0000001807523	CLASSIC roasted root vegetables 400gram
07519651	0000001807530	by Sainsbury's CLASSIC red cabbage 300gram
	MEAT FREE (0960)	
07510059	0000001799590	Vegetarian - Mince 350gram
07510090	0000001799644	butternut squash & moroccan style cous cous 400gram
07510098	0000001799651	Roasted Red Pepper and Sweet Potato Piri Piri 400gram
	PREPARED SALADS (0879)	
00408059	0000000408059	Cooked beetroot - Traditional 300g 300gram
01089677	0000001089677	Sweet leaf salad 270gram
01116342	0000001116342	Beetroot 250gram
01133196	0000001133196	Vac Pac Beetroot - Organic 250gram
01157765	0000001157765	TTD Cocktail Beetroot - Juniper Berry 200gram
01290790	0000001290790	Organic French Dressing 150 ml OL2070A 150ml
01411942	0000001411942	Cosmopolitan Salad 135gram
01411973	0000001411973	Rocket Salad 100.000gram
06328170	0000001208405	French Dressing 175 ml L46589A 175ml
06328174	0000001208412	Be Good To Yourself Vinaigrette 3% Fat 175 ml L46702A 175ml
06562368	0000001488456	Pea shoots 50gram
06573976	0000001497007	Organic Balsamic Dressing 150 ml OL2068A 150ml
06863512	0000001624694	Wild Rocket 70g 70gram
06889448	0000001637816	Baby leaf herb salad 95gram
06972076	0000001647341	basics young leaf salad 85gram
07069589	0000001669664	Sunbaked Tomato & Red Pepper Dressing 175ml L47196A 175ml
07281862	0000001729764	Organic Wild Rocket 70gram
07281870	0000001729771	SO organic watercress 75gram

07281878	0000001729788	Lambs Lettuce 70g 70.00gram
07281900	0000001729795	Italian style salad 170gram
07281915	0000001729801	Italian style salad 100gram
07281924	0000001729825	Italian style salad 45gram
07281943	0000001729849	Large Salad Bowl 335gram
07281949	0000001729856	Cosmopolitan Salad 80gram
07281996	0000001729917	Watercress 75.00gram
07282016	0000001729931	SO organic watercress, spinach & rocket 100gram
07282575	0000001730364	Basics Crunchy Salad 200gram
07283352	0000001730999	Bistro salad 120gram
07328398	0000001740936	TTD Balsamic Dressing 175ml
07329194	0000001741483	TTD Mango, Lime & Chilli Dressing 175ml
07352438	0000001748857	Cosmopolitan Salad 200gram
07455340	0000001774467	Italian Style Salad Bowl 275gram
07463960	0000001778175	TTD Raspberry vinaigrette dressing 175ml
07464559	0000001778748	Sliced beetroot dipped in malt vinegar 200gram
07464607	0000001778823	BGT French Dressing 175ml
07464620	0000001778847	Lemon and pepper dressing 175ml
07464873	0000001779066	Mixed Pepper Salad 220gram
07515706	0000001804379	Ingredients for Cooks Ginger Puree 40gram
07515775	0000001804560	Ingredients for Cooks Coriander Puree 40gram
07515791	0000001804591	Ingredients for Cooks Basil Puree 40gram
07515800	0000001804645	Ingredients for Cooks Red Chilli Puree 40gram
07515809	0000001804676	Ingredients for Cooks Lemongrass Puree 40gram
07516294	0000001805154	Ingredients for Cooks Garlic Puree 40gram
07281953	0000001729900	Watercress, Spinach and Rocket Salad 100gram
	PREPARED VEGETABLES (0871)	
00415224	0000000415224	Brussels Sprouts 240gram
00483391	0000000483391	Swede & Carrot 500gram
00656795	0000000656795	Brussels Sprouts 480gram
01184167	0000001184167	Organic Baby Leaf Spinach 160.0gram
06283782	0000001145137	Mini Carrots 240gram
06318944	0000001199376	Mediterranean vegetables 400gram
06483717	0000001460759	Tender Green Medley 175gram
06860238	0000000000000	Winter roasting vegetables 590gram
06860373	0000001622355	Butternut Squash and Sweet Potato 300gram
06860386	0000001622386	Carrot Batons 400gram
06862086	0000001623994	Traditionally Cut Runner Beans 185gram

06865325	0000001625264	Ready to roast potato with thyme 400gram
07135828	0000001687842	Young Leaf Spinach 200gram
07175987	0000001695786	Basics Carrot and Broccoli 320gram
07176021	0000001695809	Carrot Cauliflower and Broccoli 480gram
07176840	0000001695830	Vegetables for Cottage Pie 300gram
07176859	0000000000000	Vegetables for Bolognese Sauce 300gram
07176881	0000001695878	Young Leaf Spinach 100gram
07176928	0000001695908	Broccoli, carrot, courgette & green beans 240gram
07176930	0000001695915	Potato Wedges 480gram
07177370	0000001695946	Basics Sliced Carrots 420gram
07177382	0000001695953	Carrot Cauliflower and Broccoli 240gram
07177395	0000001695960	Ready to Roast Butternut Squash and Sweet Potato 320gram
07177402	0000001695977	Broccoli Florets 160gram
07177416	0000001695984	Shelled Peas 160g 160gram
07177522	0000001696103	Carrots, broccoli, baby corn and sugar snap peas 240g 240gram
07179165	0000001697117	Cabbage and Leeks 240gram
07352508	0000001748956	Fine Beans, Tenderstem (R) Broccoli & Babycorn 140gram
07353306	0000001749526	Tenderstem Broccoli 110gram
07354981	0000001750065	Fine Beans 120gram
07355010	0000001750133	Butternut Squash 320gram
07355023	0000001750140	Carrot Batons 80gram
07356497	0000001750966	Basics Casserole Vegetables 450gram
07358387	0000001751765	Casserole Vegetables 700gram
07358515	0000001751857	Prepared Swede 320gram
07358649	0000001751949	Carrot, Cauliflower & Brussels Sprouts 240gram
07358652	0000001751956	Cabbage Medley 160gram
06857119	0000001621228	Spring Greens 200g 200gram
07177474	0000001809671	ready to roast potatoes 400gram
07512848	0000001801910	Winter Vegetable Soup Mix 600gram
07513381	0000001802467	Vegetable Base Mix 450gram
07513465	0000001802474	Carrot, Cauliflower & Broccoli 80gram
07513469	0000001802481	Baby Potatoes with Parsley 140gram
07513474	0000001802498	Baby Brussels Sprouts 80gram
07513481	0000001802511	Diced Onion 300gram
07516305	0000001805147	Bean Casserole 600gram
07517253	0000001806021	Celeriac 320gram
07521266	0000001808902	Fajita Vegetable Mix 380gram
07513556	0000001802610	ready to roast root vegetables 600gram
07524323	0000001811087	by Sainsburys Butternut & Asparagus Medley 240gram
07524684	0000001811285	by Sainsburys Ready Sliced Runner Beans 80gram
07524692	0000001811292	by Sainsburys Ready Trimmed Tenderstem Broccoli 80gram

07539939	0000001821666	by Sainsburys Ready Sliced Runner Beans 400-
	STIR FRIES (0437)	
07328430	0000001740974	Taste The Difference Tenderstem (R) Broccoli with Garlic & Chilli Stir Fry 240gram
DAIRY	BRANDED MILK (0189)	
06302809	0000001173543	Sweetened Soya Alternative to Dairy Milk 1litre
06487933	0000001462852	Unsweetened Soya Alternative to Dairy Milk 1litre
	HOT DESSERTS (0433)	
07260626	0000001722017	Basics Apple Pie 530gram
	COOKING & BAKING (0422)	
07515653	0000001804249	Puff Pastry Block 500gram
07515688	0000001804324	Puff Pastry Ready Rolled 375-
07515684	0000001804300	Lighter Shortcrust Pastry Ready Rolled 375-
07515694	0000001804331	Shortcrust Pastry Ready Rolled 375-
	FRESH STOCKS & SAUCES (0979)	
01373172	0000001373226	TTD Cranberry, Orange and Port Sauce 300gram
LUNCHTIME SOLUTIONS	SNACK SALADS (0430)	
07459875	0000001775457	Ttd Tabbouleh 250gram
07460088	0000001775655	rice, lentil & apricot salad 250gram
07460121	0000001775785	bulgur wheat & carrot salad 250gram
07521779	0000001809763	Oriental Inspired Rice 150gram
	SNACKING HOTSPOT (0396)	
07464002	0000001778236	bulgur wheat & carrot salad 600gram
07464353	0000001778359	Mixed olive antipasti 180gram
	SALAD POTS (0677)	
06778444	0000001577624	tomato & basil pasta 550gram
07529433	0000001813685	Ttd Jewelled Couscous 200gram

COLESLAW AND SALADS (0921)		
06589072	0000001501643	bgty less than 3% fat Beetroot salad 250gram
06593380	0000001503272	Tomato & basil pasta 300gram
06644630	0000001529364	3 Bean salad 270gram
06770838	0000001573749	Roasted vegetable couscous 300gram
06919294	0000001643107	basics Tomato & herb pasta 400gram
07267625	0000001723908	Basics Tomato Couscous 335gram
FRESH SOUP (0252)		
06004831	0000001016369	Minestrone Soup 600gram
06005025	0000001016451	Tomato & Basil Soup 600gram
06577504	0000001498257	Tomato, Lentil and Red Pepper Soup 600gram
07509611	0000001799101	Tomato, Roasted Vegetable and Olive Soup 600g-
07509616	0000001799118	Spicy Mexican Bean & Chipotle Chilli Soup 600g-
07180889	0000001697629	Organic Vegetable & Barley Soup 600gram
07180904	0000001697636	Organic Red Lentil Soup 600gram
FRESH PARTY FOOD, CANAPES & OLIVES		
ANTIPASTI AND OLIVES (0691)		
01209570	0000001209570	Ttd SunBlush® Tomatoes 240g 240gram
01399967	0000001399967	Queen Green Olives 180gram
01399974	0000001399974	Mixed Olives 180gram
01414967	0000001414967	Green pitted olives 90.0gram
01414974	0000001414974	Black pitted olives 90.0gram
06315759	0000001195620	Chargrilled artichokes 180.000gram
06410176	0000001370836	Mixed Vegetable Antipasti 200.000gram
06413867	0000001377620	6 Stuffed Vine Leaves 225gram
06576401	0000001498035	Pimento Stuffed Green Olives 180gram
06907787	0000001641141	Mixed olives 250.00gram
07086516	0000001678499	Convenience Mixed olives with sun dried tomatoes 110gram
07156463	0000001690576	Trio of olives 100gram
07267661	0000001723946	Mixed Olives with sun dried tomatoes 150gram
07268155	0000001723953	Sun dried tomatoes 170gram
07451069	0000001774139	Kalamata olives 180gram
07451088	0000001774146	Garlic and Jalapeno stuffed olives 180gram
07451108	0000001774153	Green olives with sweet pepper & basil 180gram
07451140	0000001774177	Trio of olives 250gram

07451019	0000001774115	Pimento Stuffed Olives with Chilli 100gram
07451052	0000001774122	Mixed olives with onions and cornichons 180gram
07465408	0000001779530	Patatas Bravas 170gram
07467742	0000001781878	Pimento Stuffed Olives with Chilli 250gram
07465406	0000001779523	Garlic Mushrooms 130gram
01194166	0000001194166	Ttd SunBlush® Tomatoes 300g 300gram
	DIPS (0817)	
01390360	0000001390360	bgty - reduced fat Houmous 300g 300gram
06002892	0000001008616	Houmous 300g 300gram
06304359	0000001175424	Roasted Red Pepper Houmous 200g 200gram
06304368	0000001175462	bgty - reduced fat red pepper houmous 200gram
06304370	0000001175479	SO organic Houmous 200gram
06380267	0000001299182	bgty - reduced fat mini houmous snack pots 180(3x60g)gram
06486737	0000001461954	Caramelised Onion Houmous 200gram
06658400	0000001731316	bgty reduced fat Guacamole 170gram
06661146	0000001537956	Chunky salsa dip 230gram
06669449	0000001539639	bgty - reduced fat Houmous 230g 230gram
06669464	0000001539646	Houmous 230g 230gram
06918970	0000001643084	basic Houmous 200gram
06779280	0000001578058	vine ripened tomato & chipotle salsa 200gram
07459729	0000001775419	Piri Piri Houmous 200gram
07534596	0000001815986	by Sainsbury's Sweet Harissa Houmous 200gram
	FRESH PARTY FOOD (0581)	
07513040	0000001802184	12 Mini Onion Bhajis 250gram
BISCUITS	BISCUITS CRACKERS/ CRISP BREADS (0463)	
00135337	0000000135337	High bake water biscuits 200gram
01430387	0000001349573	Mini Breadsticks 95gram
01430394	0000001188516	bgty reduced fat Cream crackers 200gram
06016056	0000001048162	Melba toast 100gram
06360113	0000001255027	rice cakes no added salt 130gram
06511034	0000001470321	basics Snack crackers 200gram
06929346	0000001645873	Ttd Olive Oil crostini 80gram
07206882	0000001704389	Savoury Snack Crackers 200gram
07210825	0000001705461	Rough oatcakes 250g 250gram

07311326	0000001736441	TTD Extra Virgin Olive Oil Ciappine 110gram
07311365	0000001736496	TTD bebicetti Breadsticks (made in Italy) 90gram
07311381	0000001736519	TTD Black Olive Ciappine 110gram
07311391	0000001736540	TTD Black Pepper Bruschetta 80gram
07450266	0000001773934	Multigrain Melba Toast 100gram
07450347	0000001774030	Cream crackers 300gram
07528566	0000001813050	by Sainsbury's Sunflower & Pumpkin Multiseed Flatbread 125gram
	EVERYDAY BISCUITS (0460)	
00016001	0000000016001	Ginger snaps 400gram
00098144	0000000098144	Ginger snaps 200gram
00346733	0000000346733	Rich tea finger biscuits 250gram
00346740	0000000346740	Morning coffee biscuits 250gram
06906088	0000001641035	Basics Ginger Snaps 300g 300gram
07224634	0000001709766	Oaty Biscuits 300gram
00380911	0000000380911	by Sainsbury's Digestives 500gram
	HEALTHIER BISCUITS 0168)	
06774078	0000001576054	Bgty reduced fat ginger snaps 200gram
07499331	0000001794441	Cranberry oaty mini Biscuits 6 mini bags 132gram
07499338	0000001794458	Chocolate oaty mini Biscuits. 6 mini bags 132gram
TINNED & CANNED FOODS	CANNED MEAT MEALS (0022)	
01185751	0000001185751	Vegetable chilli 400gram
	CANNED PASTA MEALS (0251)	
07141273	0000001688757	Vegetarian spaghetti bolognese 415gram
	CANNED SOUPS (0008)	
01187274	0000001187274	basics vegetable soup 400gram
01220940	0000001220940	Vegetable soup 400gram
01220957	0000001220957	Chunky soup vegetable 400gram
01348248	0000001348248	bgty less than 3% fat spicy tomato & lentil soup 400gram
06421717	0000001413199	French onion soup simmer and serve 34gram
06830532	0000001597295	bgty less than 3% fat Moroccan inspired chickpea & spinach soup 400gram
06833719	0000001599039	Microwave soup tomato, basil & chilli 340gram

07015526	0000001662436	Spring vegetable soup 400gram
	LOGLIFE SAVOURY MEALS (0779)	
00654371	0000000654371	Instant noodles chicken noodles 85gram
00654401	0000000654401	Instant noodles vegetable flavour 85gram
01046021	0000001046021	Instant noodles chicken curry flavour 85gram
06286346	0000001148046	basics instant noodles chicken flavour 65gram
06286354	0000001148053	basics instant noodles chicken curry flavour 65gram
06376324	0000001291650	basics pasta shells in a tomato & onion sauce mix 110gram
	SOUP IN A CUP & POT SNACKS (0116)	
06286359	0000001148077	basics chicken & mushroom flavour snack noodles 80gram
06286361	0000001148107	basics beef & tomato flavour snack noodles 80gram
06450415	0000001441376	Minestrone Soup in a Cup 72gram
	MEALS IN MINUTES (0575)	
06557058	0000001486902	2 minute meals Vegetable Arrabiata 200gram
07497424	0000001793697	Basmati rice 250gram
07497434	0000001793710	Long grain rice 250gram
07501923	0000001796124	Wholegrain rice 250gram
BREAKFAST CEREALS	BREAKFAST CEREALS (0007)	
00006439	0000000358156	Scottish porridge oats 1kg
00113557	0000000113557	Scottish porridge oats 500gram
00130509	0000000130509	24 Wholewheat biscuits 430gram
00130530	0000000130530	48 Wholewheat biscuits 860gram
00316194	0000000316194	Wholewheat muesli 1.5kg
00410205	0000000410205	SO organic Porridge oats 750gram
00553179	0000000553179	Scottish porridge oats 1.5kg
01188004	0000001188004	Wholegrain apricot wheats 500gram
01188028	0000001188028	Wholegrain raisin wheats 500gram
01226683	0000001226683	Fruit muesli 500gram
01242942	0000001242942	Malties 750gram
01263671	0000001263671	bgty less than 3% fat High fruit muesli 500gram
01273588	0000001273588	Ttd Scottish whole rolled porridge oats 750gram

01373233	0000001373325	Pecan & maple crisp cereal 500gram
01373660	0000001373660	Fruit & nut muesli 500gram
01373677	0000001373677	Fruit & nut muesli 1.5kg
01408607	0000001408607	basics Wholewheat 36 Breakfast wheat biscuits 550gram
06004548	0000001013009	Wholegrain cranberry wheats 500gram
06440739	0000001434309	24 SO organic Wholewheat biscuits 480gram
06506113	0000001468168	Wholegrain blueberry wheats 500gram
06571423	0000000000000	Wholegrain mini wheats 500gram
06718754	0000001553420	Fruit muesli 1kg
06718937	0000001553437	basics Rice pops 440gram
06719493	0000001553482	Purple berry crisp cereal 500gram
07307344	0000001735574	basics 24 Breakfast wholewheat biscuits 432gram
07515716	0000001804409	10 Express porridge golden syrup flavour individual sachets 360gram
07515726	0000001804454	SO organic 10 Express porridge original sachets 270gram
07515737	0000001804461	10 Express porridge apple & cinnamon individual sachets 360gram
07515744	0000001804492	10 Express porridge butterscotch flavour individual sachets 360gram
07515702	0000001804386	10 Express porridge original individual sachets 270gram
07515757	0000001804508	10 Express porridge raspberry flavour individual sachets 350gram
07515805	0000001804690	Scottish porridge oats with oatbran & wheatbran 1kg
CONFECTIONERY		
CONFECTIONERY	CONFECTIONERY-SUGAR (0005)	
01297201	0000001297201	Fruit Jellies 250gram
06427144	0000001426816	Fizzy Fangs 100gram
06682304	0000001542288	Fizzy Strawberry Lances 75gram
06682315	0000001542301	KIDS: Strawberry Pencils 75gram
06907184	0000001641110	Mint imperials 250gram
07114386	0000001684667	Flying saucers 20gram
07277093	0000001727142	Basics Sherbet cocktails 200gram
BOXED CONFECTIONERY (0436)		
06694900	0000001546149	JS Rose and Lemon Turkish Delight 325gram
SEASONAL CONFECTIONERY XMAS (0863)		
01245752	0000001246018	Giant UFO 52gram
07503176	0000001796797	Jelly Bean Machine 78gram

HOME BAKING	COOKING INGREDIENTS (0011)	
00003391	0000000053334	Mixed fruit 500gram
00014212	0000000014212	Mincemeat 822gram
00031431	0000000074698	Mincemeat 411g 411gram
00031844	0000000031844	Golden syrup 680gram
00116589	0000000116589	Almonds 100gram
00120210	0000000120210	Luxury mincemeat 411gram
00172523	0000000172523	Brazil nuts 100gram
00174213	0000000174213	Cut mixed peel 200gram
00174251	0000000174251	Glace cherries 500gram
00174275	0000000174275	Glace cherries 200gram
00174398	0000000174398	Ground almonds 200gram
00174411	0000000174411	Ground almonds 100gram
00174435	0000000174435	Flaked Almonds 100gram
00175661	0000000175661	Walnut Pieces 200gram
00177399	0000000177399	Mixed fruit 1kg
00177436	0000000177436	Californian seedless raisins 1kg
00178631	0000000178631	Desiccated coconut 250gram
00377102	0000000377102	Mincemeat 1360.000gram
00435017	0000000435017	Toasted flaked almonds 100gram
00463713	0000000463713	Luxury mixed fruit 500gram
00478205	0000000478205	Walnut halves 100gram
00491259	0000000491259	Pine nuts 100gram
00491266	0000000491266	Pumpkin seeds 100gram
00491280	0000000491280	Sunflower Seeds 100gram
00491297	0000000491297	Sesame Seeds 100gram
00569019	0000000569019	Stem ginger 350gram
00606257	0000000606257	Sour cherries 75gram
00606264	0000000606264	Blueberries 75gram
00606288	0000000606288	Cranberries 75gram
00659048	0000000659048	Californian seedless raisins 500gram
00664196	0000000664196	Lemon juice 135ml
00670180	0000000670180	Sultanas 500gram
00670197	0000000670197	Sultanas 1kg
01039481	0000001039481	Roasted chopped hazelnuts 100gram
01060768	0000001060768	Mixed nuts 200gram
01151565	0000001151565	Currants 500gram
01162028	0000001162028	Macadamias halves 100gram
01180992	0000001180992	Lemon juice 250ml

01202656	0000001202656	Ready to roll gold marzipan 454gram
01202663	0000001202663	Ready to roll white marzipan 454gram
01204346	0000001204346	Glace cherry halves 200gram
01205725	0000001205725	Sweetened and tenderised coconut 400gram
01205732	0000001205732	Glace ginger 200gram
01307825	0000001307825	Ttd Matured mincemeat 411gram
01331219	0000001331219	Pecans 200gram
01331233	0000001331233	Brazil nuts 200gram
01331240	0000001331240	Flaked almonds 200gram
01347845	0000001347845	Ttd Marcona almonds 150gram
01381450	0000001381450	Ttd South African raisins 500gram
06001570	0000001006360	Ttd Serr walnut halves 150gram
06020468	0000001056624	Basics Greek currants 500gram
06283586	0000001144932	Basics dried mixed fruit 500gram
06283867	0000001145038	Sunflower Seeds 200gram
06283917	0000001145076	Hemp seeds 100gram
06284397	0000001145939	Pumpkin seeds 200gram
06325703	0000001205299	SO organic Brazil nuts 200.000gram
06325705	0000001205312	SO Organic sultanas 500gram
06325720	0000001205343	SO Organic cashew nuts 200gram
06325742	0000001205411	SO Organic raisins 500gram
06326898	0000001206906	SO organic mincemeat 325.000gram
07205384	0000001703535	Lime juice 250ml
07282615	0000001730371	Ready to roll soft white icing 500gram
07282625	0000001730388	Ready to roll soft ivory icing 500gram
07282778	0000001730586	Glitter writing icing 76gram
07282792	0000001730593	Colour writing icing 76gram
07282824	0000001730661	Mini honeycomb pieces 100gram
07292765	0000001732788	Fairtrade Vanilla pods 2-
07294236	0000001732962	Ttd French Almond extract 38ml
07294242	0000001732979	Ttd Madagascan Vanilla extract 38ml
07294244	0000001732986	Ttd Valencian Orange Extract 38ml
07294261	0000001732993	Ttd Sicilian Lemon extract 38ml
07294265	0000001733006	Ttd American Peppermint extract 38ml
06542678	1483260	Ttd Almond oil 250ml
06542687	1483277	Ttd Hazelnut oil 250ml
00979184	0000000979184	Cashews 100gram
01331202	0000001331202	Cashews 200gram
00116565	0000000116565	Blanched hazelnuts 100g 100gram
00174350	0000000174350	Chopped mixed nuts 200gram
00490535	0000000490535	Chopped Hazelnuts 100gram

00490542	0000000490542	Shelled Pistachios 100gram
07502149	0000001796216	christmas cake decorating kit 790.0gram
07507085	0000001798272	Ttd Christmas Cake Baking Kit 1.36kg
07507107	0000001798296	Ttd Mixed Fruit with Armagnac 500gram
	COOKS INGREDIENTS (0154)	
06815478	0000001592948	Tamarind paste 90gram
06815535	0000001592955	Lemongrass paste 90gram
06815588	0000001592962	Easy garlic 90gram
06815607	0000001592993	Easy chilli 90gram
06815620	0000001593013	easy ginger 90gram
07218766	0000001708080	Dried porcini mushrooms 50gram
07221603	0000001708837	Chargrilled artichokes in sunflower oil 200gram
07221626	0000001708844	Chargrilled asparagus in sunflower oil 200gram
07221651	0000001708851	Marinated mushrooms in sunflower oil 200gram
07221654	0000001708868	Marinated sun dried peppers in sunflower oil 200gram
07221658	0000001708875	Chargrilled sun dried courgettes in sunflower oil 200gram
07221661	0000001708882	Chargrilled sun dried aubergines in sunflower oil 200gram
07221669	0000001708899	Hot green chillies in brine 180gram
07222756	0000001708943	Sun dried tomatoes in sunflower oil 180gram
07222761	0000001708950	Tahini paste 180gram
07222768	0000001708974	Rustic chop natural black olives in brine 180gram
07222790	0000001708981	Rustic chop green olives in brine 180gram
07222856	0000001709094	Bourguignon paste 180gram
07222869	0000001709124	Casserole paste 185gram
07222885	0000001709155	Coq au vin paste 175gram
07223409	0000001709322	Moroccan tagine style paste 180gram
07224670	0000001709810	Extra virgin olive oil with basil 250ml
07224690	0000001709827	Extra virgin olive oil flavoured with garlic 250ml
07224698	0000001709834	Extra virgin olive oil flavoured with chilli 250ml
07226069	0000001710076	Caper puree 90gram
07226093	0000001710083	Harissa paste 90gram
07226167	0000001710106	Onion puree 90gram
07226233	0000001710144	Black olive puree 90gram
07226240	0000001710151	Sun dried tomato puree 90gram
07226280	0000001710182	Porcini puree 90gram
07226742	0000001710205	Bombay potatoes curry kit 12gram
07226909	0000001710212	Jalfrezi curry kit 16gram
07226919	0000001710229	Rogan Josh curry kit 24gram

07226926	0000001710236	Korma curry kit 10gram
07226934	0000001710243	Tikka Masala spice kit 16gram
07226993	0000001710298	Lemon & black pepper breadcrumbs 100gram
07227011	0000001710311	Signature Breadcrumbs 100gram
07227365	0000001710373	Piri Piri rub 30gram
07227373	0000001710380	Cajun style rub 40gram
07227683	0000001710403	Mediterranean style tomato and herb rub 30gram
07227697	0000001710427	Mediterranean style vegetable risotto 200gram
07227701	0000001710441	Porcini mushroom risotto kit 200gram
07227711	0000001710465	Paella spice kit 230gram
07227720	0000001710472	Pilau rice kit 200gram
07227749	0000001710489	Spiced fruity cous cous kit 200gram
07228337	0000001710526	Citrus orange glaze 200ml
07228808	0000001710540	Chinese style glaze 200ml
07228849	0000001710557	Redcurrant, mint & rosemary glaze 200ml
07228861	0000001710564	Italian style lemon and herb rub 40gram
07229679	0000001710755	Toasted seed mix 200gram
07229684	0000001710779	Toasted pine nuts 90gram
07231322	0000001711653	Balsamic glaze 215.000ml
07503829	0000001797336	Dried shiitake mushrooms 50gram
07503850	0000001797343	Dried Mushroom Selection 30gram
07503865	0000001797350	by Sainsbury's Whole Garlic Cloves 100gram
07508773	0000001798593	By Sainsburys Roast Potato Seasoning 35gram
07508780	0000001798609	by Sainsburys roast parsnip seasoning 35gram
COOKING SAUCES & WORLD FOODS	INDIAN SAUCES (0469)	
06372918	0000001278026	Balti curry sauce 500gram
07184498	0000001698466	Madras curry sauce 500gram
07184558	0000001698558	Ttd Balti 350gram
	ITALIAN SAUCES (0709)	
00632324	0000000632324	Sundried tomato paste 190gram
01300406	0000001300406	Arrabbiata pasta sauce 340gram
01300444	0000001300444	Siciliana pasta sauce 340gram
01327212	0000001327212	Tomato & herb pasta sauce 290gram
01327229	0000001327229	Tomato & herb pasta sauce 500gram
01327243	0000001327243	Mushroom pasta sauce 500gram
01327267	0000001327267	Onion & garlic pasta sauce 500gram
01327274	0000001327274	Spicy pepper pasta sauce 500gram

01355352	0000001355352	Light tomato & herb pasta sauce 500gram
01376241	0000001376241	Tomato & herb pasta sauce 700gram
01395921	0000001395921	Basics Tomato pasta sauce 440gram
06283566	0000001144970	Onion & garlic pasta sauce 290gram
06283580	0000001144963	Tomato & chilli pasta sauce 500gram
07186559	0000001699142	Chunky vegetable pasta sauce 500gram
07193083	0000001700633	Tomato & chilli pasta sauce 290gram
07201739	0000001702866	Pizza topping sauce 290gram
07219198	0000001708172	Emiliana pasta sauce 340gram
07219202	0000001708189	Ligure pasta sauce 340gram
	MEXICAN SAUCES (0466)	
01301687	0000001301687	Spiced tomato tagine sauce 355gram
07215263	0000001707625	Light chilli con carne cooking sauce 500gram
07215284	0000001707649	Medium chilli con carne cooking sauce 500gram
07215287	0000001707656	Hot chilli con carne cooking sauce 500gram
07462666	0000001776706	Hot salsa 300gram
07462684	0000001776737	Mild salsa 300gram
07439180	0000001771756	8 soft flour tortillas 320gram
07444236	0000001773309	Enchilada kit 650gram
07444244	0000001773323	Smoky BBQ fajita kit 500gram
07444248	0000001773354	Nacho kit 500gram
	ORIENTAL (0712)	
01154153	0000001154153	Thai chilli dipping sauce 150ml
01278347	0000001278347	Lime & coconut curry sauce 500gram
01396447	0000001396447	basics Sweet & sour sauce 440gram
06570851	0000001494518	Spicy sweet & sour cooking sauce 500gram
06570901	0000001494525	Peking lemon cooking sauce 500gram
06571003	0000001494549	Sweet & sour cooking sauce 500gram
07201722	0000001702842	Light sweet & sour cooking sauce 500gram
07201726	0000001702859	Sweet & sour with extra pineapple cooking sauce 500gram
07388644	0000001758702	Light soy sauce 150ml
07388646	0000001758719	Sweet chilli dipping sauce 190ml
07388650	0000001758726	Dark soy sauce 150ml
07389606	0000001758740	Chow mein stir fry sauce 120gram
07389614	0000001758757	Hoisin & garlic stir fry sauce 120gram
07390820	0000001758979	Quick to cook medium noodles 2 x 150gram

	PACKET SAUCES (0632)	
07443843	0000001773170	Parsley sauce mix 20gram
07444115	0000001773200	Bread sauce mix 40gram
07445627	0000001773439	Chicken casserole recipe mix 40gram
07445631	0000001773446	Beef casserole recipe mix 40gram
07445637	0000001773453	Chilli con carne recipe mix 50gram
07445642	0000001773460	Shepherd's pie recipe mix 50gram
07445647	0000001773477	Sausage casserole recipe mix 40gram
CRISPS, NUTS AND SNACKS	BIG BAGS FOR SHARING (0467)	
01138467	0000001138467	Salted pretzels 150gram
01156935	0000001156935	Potato squares 100gram
01264609	0000001264609	Ttd Lightly salted hand cooked crisps 300gram
01264746	0000001264746	Ttd Lightly salted hand cooked crisps 150gram
01294231	0000001294231	Lightly Salted Tortilla Chips 200gram
01304718	0000001304718	Ttd Vegetable crisps 100gram
06022881	0000001077339	Jumbo multiseed pretzels 200gram
06328534	0000001208849	Ttd West country cider vinegar and sea salt flavour hand cooked crisps 150gram
06458034	0000001448931	Ready salted potato triangles 175gram
07220800	0000001708752	Basic Tortilla Chips 200gram
07511142	0000001800579	Salt & Vinegar Twirls 125g 125gram
07510979	0000001800463	Limited Edition Taste the Difference Smoky BBQ Hand Cooked Crisps 150gram
07511752	0000001801163	Bacon Crispies 140g 140gram
	MULTIPACK CRISPS (0441)	
01061345	0000001061345	British potato crisps ready salted 6 x 25g 6 x 25g e (150g)gram
01061482	0000001061482	British potato crisps ready salted 6 x 25g 300gram
06034866	0000001544534	30% less fat British potato crisps ready salted 6 x 24g 144gram
06283262	0000001544558	British potato crisps salt your own 6 x 24.5g 147gram
06800039	0000001586169	Ready salted crisp bakes 6 x 25g 150gram
06909885	0000001641714	basics British potato ready salted crisps 12 x 18g 216gram
01267471	0000001267471	British potato crisps prawn cocktail flavour 6 x 25g 6 x 25g e (150g)gram
01061475	0000001061475	British potato crisps salt & vinegar 6 x 25g 6 x 25g e (150g)gram
06283266	0000001144758	British potato ridged crisps meaty flavours 6 x 32g 6 x 32g e (192g)gram
	MULTIPACK SNACKS (0444)	
01411263	0000001411263	Bacon crispies 6 x 20g 6 x 20g e (120g)gram

06909843	0000001641707	basics Potato rings 8 x 20g 160gram
	ROASTED NUTS (0789)	
00405911	0000000405911	Salted pistachios 150g 150gram
00411370	0000000411370	Unsalted Mixed Nuts & Raisins 200gram
00411394	0000000411394	Roasted Salted Nut Selection 200gram
01241600	0000001241600	Salted pistachios 300g 300gram
01241631	0000001241631	Jumbo salted peanuts & cashews 200g 200gram
01241709	0000001241709	Roasted peanuts in shell 300g 300gram
01247817	0000001245288	Unsalted Nut Selection 200gram
01266627	0000001552065	Bombay mix 200gram
01269918	0000001269918	Roasted Salted Macadamias 60gram
01384918	0000001384932	Jumbo roasted salted peanuts 200gram
01384925	0000001384956	Jumbo Chilli Peanuts 200g 200gram
01384932	0000001384963	Jumbo Unsalted Peanuts and Raisins 200gram
01384949	0000001384949	Jumbo roasted salted peanuts 600gram
06262122	0000001519815	Basics Salted Cashews 200g 200gram
06333724	0000001487503	Applewood smoked coated peanuts 200gram
06438670	0000001433067	TTD Roasted Nut Selection 200gram
06438695	0000001433081	TTD Global Fruit and Nut Selection 200gram
06461499	0000001450460	Jumbo roasted unsalted cashews 200gram
06463506	0000001451306	Jumbo salted cashews 400g 400gram
06463510	0000001451320	Jumbo salted cashews 200g 200gram
06463515	0000001451344	Jumbo salted cashews 100g 100gram
06910013	0000001641738	basics roasted salted peanuts 200gram
07284834	0000001748000	Roasted salted peanuts 200gram
07309717	0000001736052	TTD Jumbo Cashews and Macadamias with Sea Salt & Cracked Black Pepper 200gram
07440060	0000001771770	Japanese Style Rice Crackers 175gram
	AMBIENT DIPS (0445)	
01202793	0000001202793	Hot salsa dip 300gram
01202809	0000001202809	Cool salsa dip 300gram
01242966	0000001456042	Basics Salsa Dip 300gram
07459086	0000001775303	Smoky BBQ Dip 300gram
	XMAS CRISPS & SNACK (0870)	
06627310	0000001516678	Bacon Crispies 225g 225gram
07509665	0000001799217	Salted Pretzel Stars 300gram

06337401	0000001221107	Roasted & salted jumbo peanuts 900gram
07138089	0000001688245	Roasted & Salted jumbo peanuts & cashews 550gram
07332578	0000001742619	Crunchy Sticks Salt & Vinegar 140g 140gram
07509677	0000001799231	Bombay Mix 400g 400-
07509688	0000001799262	Sea Salt & Cider Vinegar Mixed Nuts 400ggram
07509693	0000001799286	Thai Sweet Chilli Nut Mix 400gram
FREEFROM		
FREEFROM	FREEFROM (0260)	
01344677	0000001344677	freefrom Penne 500gram
01344691	0000001344691	freefrom Fusilli 500gram
06474023	0000001456707	freefrom Lasagne sheets 250gram
06474041	0000001456714	freefrom Spaghetti 500gram
06478424	0000001457735	freefrom Rich tea biscuits 150gram
07207058	0000001704556	freefrom Pure oats 450gram
07210659	0000001705362	freefrom Choc 'n' crispie bar 30g-
07213246	0000001706406	freefrom Chow mein stir fry sauce 150gram
07213257	0000001706420	freefrom Chickpea curry 150gram
07213743	0000001706451	freefrom Bombay potatoes 150gram
07213833	0000001706673	freefrom Korma cooking sauce 300gram
07213845	0000001706703	freefrom Juicy tomato & basil soup 300gram
07213858	0000001706734	freefrom Tikka masala cooking sauce 300gram
07213867	0000001706758	freefrom Thai green curry cooking sauce 300gram
07213871	0000001706765	freefrom Saag aloo 150gram
07213876	0000001706772	freefrom Vegetable gravy 300gram
07510852	0000001800364	freefrom Cornflakes 375gram
07511871	0000001801255	freefrom Rice & buckwheat porridge 450gram
07510909	0000001800425	freefrom Express pure oats 216gram
07514370	0000001803471	freefrom Choc buttons 25gram
07514407	0000001803501	Freefrom choc discs 72gram
FOOD CUPBOARD		
FOOD CUPBOARD	DESSERTS (0100)	
07240441	0000001714081	Summer fruit filling 500gram
07240536	0000001714265	Cherry fruit filling 500gram
07240541	0000001714296	Rhubarb fruit filling 500gram
07245964	0000001717037	Summer fruit sauce 275gram
HOT CHOCOLATE & MALTED DRINKS (0162)		
HOT CHOCOLATE & MALTED DRINKS (0162)		
01399653	0000001399653	Sainsbury's Fairtrade Cocoa 250g 250-
07108791	0000001682717	Sainsbury's Fairtrade Drinking Chocolate 500g 500gram

TABLE SAUCES, PICKLES & DRESSINGS	MODERN PICKLES (0092)	
01256796	0000001256796	Capucines capers in brine 240gram
01303391	0000001303391	Kalamata Olives 340g 340gram
01303407	0000001303407	Pitted Kalamata Olives 330g 330gram
01303414	0000001303414	Greek green olives 340gram
01344028	0000001344028	Ttd chargrilled artichoke hearts in Puglian olive oil 280gram
06032226	0000001098006	Italian mixed mushroom antipasto 280gram
06032229	0000001098013	Italian mixed pepper antipasto 280gram
06032233	0000001098037	Italian sun-dried tomato antipasto 280gram
06529220	0000001477719	Ttd Sundried tomato dipping oil 250ml
07307484	0000001735659	Taste the Difference Chargrilled Cardoncelli Mushrooms in Olive Oil 290gram
07315387	0000001737318	TTD Greek Green Olives Stuffed with Red Pepper 285gram
07315393	0000001737325	TTD Greek Green Olives Stuffed with Garlic 285gram
07315398	0000001737332	TTD Unpasteurised Greek Green Cracked Olives with Lemon in Extra Virgin Olive Oil 260gram
	CLASSIC PICKLES (0057)	
00004886	0000000358620	sliced beetroot 710.000gram
00035354	0000000035354	whole baby beetroot 340.000gram
00070164	0000000475945	Silverskin onions in sweet vinegar 440gram
00100007	0000000100007	Gherkins in sweet vinegar 675gram
00104388	0000000104388	sweet sliced beetroot 340.000gram
00174541	0000000174541	sweet baby beetroot 340.000gram
00182515	0000000182515	Silverskin onions in sweet vinegar 710gram
00327640	0000000327640	shredded beetroot 340.000gram
00410304	0000000410304	Gherkins in vinegar 675gram
00411493	0000000411493	Gherkins in vinegar 340gram
00412759	0000000412759	sweet baby beetroot 710.000gram
00412766	0000000412766	sweet sliced beetroot 710.000gram
00475945	0000000070164	Silverskin onions in vinegar 440gram
00553964	0000000553964	shallots in hot and spicy vinegar 440gram
00637787	0000000637787	Tomato chutney 350gram
00680127	0000000680127	Sweet mango chutney 350gram
00680134	0000000680134	Spiced mango chutney 310gram
01018738	0000001018738	Basic Pickled Onions 440.000gram
01046359	0000001046359	sweet pickled onions 440.000gram
01069891	0000001069891	Gherkins in sweet vinegar 980gram
01250169	0000001250169	basics sweet pickle 285gram

06427549	0000001428261	Taste the difference borettane onions with 3 leaf balsamic vinegar 290.000gram
06538019	0000001480337	basics tomato chutney 305gram
06538060	0000001480351	basics onion chutney 285gram
06645618	0000001529869	Ttd red onion chutney 315gram
06647148	0000001531046	Ttd red pepper chutney 300gram
07178246	0000001696400	Pickled onions in vinegar 680gram
07305250	0000001735291	Ttd Piccalilli 260gram
07305454	0000001735307	Taste The Difference Caramelised Onion Chutney 285gram
07305458	0000001735314	Spicy Tomato and Sweetflamed™ Red Pepper Chutney 270gram
07305465	0000001735321	TTD Spiced Apple & Pear Chutney 300gram
07424789	0000001765113	Balsamic Jelly 320gram
07438063	0000001771602	Basics Mango Chutney 330gram
07445617	0000001773415	Organic Tomato & Chilli Chutney 300gram
07445680	0000001773507	Autumn Fruit Chutney 300gram
07445834	0000001773514	British Onion Chutney 300gram
07472621	0000001785111	Mango Chutney 340gram
07356598	0000001751086	Silverskin onions in vinegar 1kg
07356603	0000001751093	Pickled onions in vinegar 1kg
07358206	0000001751635	Shallots in malt vinegar 440gram
07358241	0000001751642	Crinkle cut gherkins in sweet vinegar 340gram
07386771	0000001758542	Cornichons in sweet vinegar 170gram
07386794	0000001758566	Gherkins in sweet vinegar 340gram
07403035	0000001760750	Silverskin onions in vinegar 680gram
07403045	0000001760767	Pickled onions in vinegar 440gram
07424780	0000001765090	Chilli Jelly 320gram
07427016	0000001766301	British red cabbage in sweet vinegar 460gram
07427019	0000001766318	British red cabbage in vinegar 460gram
07427023	0000001766325	Sweet piccalilli 475gram
07427025	0000001766332	Piccalilli 460gram
07427033	0000001766349	British sliced beetroot in vinegar 340gram
07427042	0000001766356	British crinkle cut beetroot in sweet vinegar 340gram
07445660	0000001773484	Organic Spiced Fruit Chutney 300gram
TABLE SAUCES (0014)		
00034470	0000000034470	Tomato and chilli relish 300gram
00034494	0000000034494	Tomato relish 300gram
00034500	0000000034500	Sweetcorn relish 295gram
00115827	0000000115827	Onion relish 295gram
00483162	0000000483162	cranberry sauce 315.000gram
01427233	0000001427233	Ttd cranberry sauce 200gram

06308451	0000001185195	basics mint sauce 165gram
06374357	0000001286649	mint jelly 340gram
06526699	0000001476958	TTD Sweetflame Pepper Marinade 295gram
06526777	0000001477054	Mango and Chilli Marinade 310gram
06526916	0000001477061	Sticky BBQ Marinade (Jar) 310gram
06538081	0000001480375	Tomato and jalapeno relish 325gram
06764302	0000001571578	brown sauce 470gram
06764415	0000001571585	fruity brown sauce 470gram
06764419	0000001571592	fruity sauce 350gram
06764446	0000001571653	basics brown sauce 540gram
06764451	0000001571677	basics tomato ketchup 560gram
06764457	0000001571684	reduced sugar and salt tomato ketchup 470gram
06764467	0000001571738	brown sauce 335gram
07305611	0000001735420	Ttd Smokey BBQ & brown ale marinade 295gram
07305790	0000001735444	TTD Lemon & Piri Piri Marinade 260gram
07310291	0000001736083	Taste The Difference Cranberry Sauce 220gram
07310297	0000001736106	Taste The Difference Apple Sauce with Kentish Cider 190gram
07313016	0000001736731	Taste The Difference Mint Sauce 180gram
01304336	0000001304336	Wholegrain mustard 210gram
01304343	0000000284493	French Dijon Mustard 210g 210gram
01304367	0000001304367	French Dark mustard 210g 210gram
07427679	0000001766776	Chimichurri sauce for steak 185gram
07429243	0000001767261	Mint sauce 250ml
07429263	0000001767278	Fresh Mint Sauce 250ml
07429277	0000001767308	redcurrant jelly 250ml
07429332	0000001767391	SO organic mint sauce 200.000ml
07429342	0000001767414	cranberry jelly 250ml
07429349	0000001767438	cranberry sauce 250ml
07432338	0000001770384	basics cranberry sauce 160ml
07436726	0000001771213	Soy & Ginger Marinade 300gram
07436733	0000001771220	Barbecue Marinade 300gram
07436741	0000001771237	Lime & Sweet Chilli Marinade 290gram
07438091	0000001771633	smooth bramley apple sauce 250ml
07438102	0000001771640	Bramley apple sauce 250ml
07452399	0000001774191	Tomato ketchup 320gram
07452483	0000001774207	Tomato ketchup 460gram
07452486	0000001774214	Tomato ketchup with Reduced Sugar & Salt 460gram
07452488	0000001774221	Tomato ketchup 680gram
07452491	0000001774238	Tomato ketchup 970gram
07454970	0000001774429	Brown Sauce 315gram
07455329	0000001774450	Brown Sauce with Reduced Sugar & Salt 450gram

07455478	0000001774474	Fruity Brown Sauce 470gram
07459601	0000001775334	Ttd Dijon Mustard with Provencal Herbs 180gram
07459609	0000001775341	Ttd Wholegrain mustard with chillies 180gram
07467088	0000001780949	Sweetcorn Relish 320g e 320gram
07467093	0000001780963	Onion Relish 320g e 320gram
07467103	0000001780970	Tomato Relish 320g e 320gram
07467109	0000001781007	Tomato and Jalapeno Relish 320g e 320gram
07467197	0000001781120	BBQ Sauce 500g e 500gram
07472613	0000001785098	Peri Peri Sauce 155gram
07475685	0000001786415	Bramley apple sauce 420ml
07438078	0000001771626	Basics Apple Sauce 160ml
07469602	0000001783223	Dill Mustard 160ml
07469610	0000001783230	SO organic tomato ketchup 460-
	AMBIENT SALAD DRESSINGS (0141)	
00640145	0000000640145	French dressing 245gram
01287745	0000001287745	BGTY French Dressing 250gram
06369635	0000001273908	bgty red pepper dressing 250.000gram
06369647	0000001273946	BGTY Balsamic Dressing 260gram
06529176	0000001477603	Mango and Chilli Dressing 255.000gram
06529185	0000001477634	So Organic Balsamic Dressing 255gram
06529190	0000001477641	So Organic Garlic & Herb Dressing 260gram
06534632	0000001478976	TTD Balsamic Raspberry Rioja Dressing 260gram
06534650	0000001479010	TTD Sweetflame Pepper & Piri Piri dressing 255gram
06534657	0000001479027	basics French dressing 255gram
06542738	0000001483284	TTD Lemongrass, Lime Leaf & Galangal Dressing 260gram
07238303	0000001712896	BGTY Tomato and Chilli Dressing 260gram
07305551	0000001735390	TTD French Dressing with Chardonnay 255ml
07305602	0000001735413	TTD Oak Aged Balsamic Dressing 255ml
07445846	0000001773538	Organic Lemon & Chilli Dressing 255ml
07446109	0000001773583	Chilli, Lime and Coriander Dressing 250ml
07446170	0000001773613	Balsamic Dressing 250ml
07446196	0000001773644	French dressing 250ml
07446198	0000001773651	Basic French dressing 250ml
	GRAVIES & STUFFINGS	
	STUFFINGS (0633)	
00432702	0000000432702	apple and herb stuffing 113gram
00507486	0000000507486	golden breadcrumbs 200gram
01055191	0000001055191	natural breadcrumbs 113gram

01160383	0000000432696	roasted garlic and herb stuffing 113gram
01237870	0000001237870	sage and onion stuffing 500gram
06330498	0000001211368	SO organic sage and onion stuffing mix 113gram
06379180	0000001297928	basics sage and onion stuffing 85gram
06450594	0000001441840	parsley, thyme and lemon stuffing 113gram
06450606	0000001441857	cranberry and orange stuffing mix 113gram
06450615	0000001441888	sage and onion stuffing 170gram
07307417	0000001735604	Ttd Wild Sage, Roasted Onion and Shallot Stuffing Mix with Lemon. 113gram
07307434	0000001735611	Ttd cranberry, orange and roasted chestnut stuffing mix 113gram
07307437	0000001735628	Ttd Onion Leek and Chive Stuffing Mix 113gram
	GRAVY MIXES (0063)	
06885977	0000001635607	Signature vegetable stock 500gram
JAMS & SPREADS	PRESERVES (0012)	
00012119	0000000012119	Blackcurrant jam 454gram
00030175	0000000074742	Ttd Raspberry conserve 340gram
00030182	0000000030182	Ttd Blackcurrant conserve 340gram
00030199	0000000074896	Ttd Apricot conserve 340gram
00030205	0000000074988	Ttd Strawberry conserve 340gram
00036856	0000000036856	Apricot jam 454gram
00037730	0000000037730	Raspberry jam 454gram
00102643	0000000102643	Ginger preserve 454gram
00176415	0000000176415	Seedless Raspberry jam 454gram
00176958	0000000176958	Ttd Sweet Valencia orange marmalade 340gram
00391290	00000000391290	Ttd Three fruit marmalade 340gram
00578714	0000000578714	basics Mixed fruit jam 454gram
01135459	0000001135459	Strawberry jam 454gram
01179095	0000001179095	Crunchy peanut butter 340gram
01179101	0000001179101	Smooth peanut butter 340gram
01179118	0000001179118	Crunchy peanut butter 227gram
01179125	0000001179125	Smooth peanut butter 227gram
01179132	0000001179132	Wholenut peanut butter 340gram
01187489	0000001187489	Ttd Bitter Seville orange marmalade 340gram
01188905	0000001188905	Fine cut orange marmalade 454gram
01188912	0000001188912	Medium cut orange marmalade 454gram
01188936	0000001188936	Thick cut orange marmalade 454gram
01188943	0000001188943	Extra thick cut mature orange marmalade 454gram
01188950	0000001188950	Thick cut orange & ginger marmalade 454gram

01188974	0000001188974	SO organic Seville orange thick cut marmalade 340gram
01188981	0000001188981	Fine cut orange marmalade 908gram
01189001	0000001189001	Thick cut orange marmalade 908gram
01191905	0000001191905	SO organic Continental soft set Strawberry conserve 340gram
01191912	0000001191912	SO organic Continental soft set Apricot conserve 340gram
01206234	0000001206234	SO organic Continental soft set Raspberry conserve 340gram
01219227	0000001219227	Damson jam 454gram
01219234	0000001219234	Bramble jelly 454gram
01219326	0000001219326	Ttd Red cherry conserve 340gram
01268577	0000001268577	33% Less fat Smooth peanut butter 340gram
01270303	0000001270303	Strawberry jam 908gram
06332195	0000001213508	SO organic Smooth peanut butter 227gram
06332197	0000001213515	SO organic Crunchy peanut butter 227gram
06332386	0000001213904	SO organic Seville orange fine cut marmalade 340gram
06377123	0000001292572	basics Strawberry jam 454gram
06377127	0000001292589	basics Medium cut orange marmalade 454gram
06377237	0000001292657	basics Crunchy peanut butter 340gram
06377239	0000001292688	Smooth peanut butter 454gram
06377241	0000001292695	Crunchy peanut butter 454gram
06928768	0000001645613	Reduced sugar strawberry jam 415gram
06928793	0000001645668	Reduced sugar raspberry jam 415gram
06928811	0000001645705	Reduced sugar blackcurrant jam 415gram
06929207	0000001645842	Reduced sugar apricot jam 415gram
06929212	0000001645835	Reduced sugar morello cherry jam 415gram
06930248	0000001646016	Reduced sugar fine cut orange marmalade 415gram
06930274	0000001646030	Reduced sugar thick cut orange marmalade 415gram
06971283	0000001646900	Shredless orange marmalade 454gram
06971695	0000001647150	Ttd Hedgerow conserve 340gram
06971745	0000001647174	Ttd Red plum conserve 340gram
06971750	0000001647181	Ttd Apricot & orange conserve (limited edition) 340gram
06973616	0000001647891	Ttd Sicilian Blood orange marmalade 340gram
06973657	0000001647914	Ttd Ruby Red grapefruit marmalade 340gram
07001570	0000001650853	Orange shred marmalade 454gram
07294584	0000001733174	Ttd Peach & Passion Fruit Conserve 340gram
FROZEN FOOD		
	FROZEN CHIPS & POTATO PRODUCTS (0952)	
01066807	0000001066807	Chips 2.72kg
01370324	0000001370324	Roast Potatoes 1000gram
01388541	0000001388541	American Curly Fries 750gram

06364411	0000001264449	bgty Oven Chips 1kg
06364422	0000001264500	French Fries 1000gram
06365247	0000001268263	Steak Cut Chips 2000gram
06365262	0000001268324	Crinkle Cut chips 2000gram
06856015	0000001620610	Ttd British Jumbo Wedges 1kg
07158066	0000001690972	Hash Browns 700gram
07164203	0000001692471	Chips 1.5kg
01385656	0000001385687	Jacket Wedges 1kg
06336269	0000001219333	Crispy Potatoes 750gram
01132052	0000001127713	Battered Onion Rings 750gram
	FROZEN READY MEALS (0946)	
06644737	0000001529487	Pilau rice 340gram
07352339	0000001748659	Basics Spaghetti in Tomato Sauce 340gram
	ICE CREAM (0908)	
07239143	0000001713541	8 Fruit Flavour Lollies 280ml
07423995	0000001765007	Raspberry Sorbet 500ml
07423998	0000001765014	Lemon Sorbet 500ml
07424822	0000001765137	8 Fruit Lollies 584ml
07515213	0000001804027	By Sainsbury's 10 Rocket Lollies 580ml (10x58mle) / 610g (10x61g)ml
	FREEFROM (0564)	
07237654	0000001712704	freefrom Straight cut chips 1kg
07457285	0000001774672	Freefrom 2 Spicy bean burgers 224gram
	FROZEN PARTY FOOD (0957)	
06325232	0000001205039	15 Party vegetable spring rolls 300gram
06442596	0000001434835	16 Party Indian snack selection 416gram
07338476	0000001744743	Sainsburys 60 Party Indian Snack Selection 1.035gram
07338498	0000001744750	16 Onion Bhaji Bites 192gram
	SAUCES FOR ICECREAM (0101)	
01001488	0000001001488	Pure Canadian maple syrup 330gram
	MEATFREE (0969)	
06518575	0000001474107	4 Nut cutlets 350gram
06518577	0000001474114	4 Spicy bean quarter pounders 454gram

06565648	0000001489378	18 Vegetable dunkers 360gram
06921679	0000001644067	Basics 4 Vegetable burgers 227gram
07340812	0000001745825	2 Dhal Bakes 280gram
07340921	0000001745948	2 Roasted Butternut Squash, Nut & Seed Roasts 290gram
07511253	0000001800753	basics 6 Vegetable Sausages 300gram
07513108	0000001802221	by Sainsbury's 16 Vegetable Fingers 452gram
07512900	0000001801996	by Sainsbury's 20 meatfree sausage rolls 380gram
07517281	0000001806045	by Sainsbury's 6 meatfree sausages 300gram
BAKERY		
TEATIME BAKERY (0476)		
00015066	0000000015066	6 White pitta 6-
00126588	0000001162936	8 Crumpets 8-
00131155	0000000131155	6 Wholemeal pitta 6-
00466783	0000000466783	Taste the difference Handcrafted Ciabatta 270gram
01145915	0000001145915	Taste the difference 2 handcrafted Half Ciabattas 270gram
01344899	0000001344899	2 READY TO BAKE BAGUETTES N/A-
01344905	0000001344905	6 READY TO BAKE PETITS PAINS N/A-
01389562	0000001389562	Basics 4 Teacakes N/Agram
06285386	0000001146523	basics 6 White pitta 6-
06290626	0000001154733	Crumpets 10 for the price of 8 10-
06391852	0000001325874	basics 6 White muffins 6-
06489423	0000001463255	Taste the difference Handcrafted Ciabatta 50% extra free promotion 405gram
06634074	0000001521542	BASICS 2 READY TO BAKE BAGUETTES N/A-
07337021	0000001744521	TTD Handcrafted Kalamata Olive Ciabatta 270gram
07337034	0000001744538	TTD Green Olive Ciabatta Breadsticks 110gram
07343228	0000001747157	Ttd 4 Aegean tomato & basil pitta 360gram
00113694	0000000113694	by Sainsbury's 6 Teacakes 430gram
07520523	0000001808414	by Sainsbury's 8 wholemeal tortilla wraps 512gram
07520857	0000001808629	by Sainsbury's 8 plain chapattis 360gram
07522490	0000001810295	by Sainsbury's 8 plain tortilla wraps 512gram
06441733	0000001434637	Stonebaked ciabatta 270gram
06777537	0000001820669	by Sainsburys 2 brown baguettes bake at home 300gram
07520653	0000001808483	by Sainsbury's 8 Garlic pitta 480gram
07520867	0000001808650	by Sainsbury's 4 sunflower rustic rolls bake at home 250gram
07520920	0000001808681	by Sainsburys 4 white rustic rolls bake at home 250gram
07520924	0000001808698	by Sainsbury's Stonebaked Seeded Baguette bake at home 250gram
07524532	0000001811209	BGTY 8 tortilla wraps 400gram
BREAD ROLLS (0475)		

00532211	0000000507479	basics 12 White rolls 12-
06009731	0000001034035	SO Organic 4 wholemeal seeded rolls N/A-
06023965	0000001075335	TTD 4 Handcrafted Mixed Olive Rolls 300gram
06333712	0000001216547	SO Organic 4 wholemeal rolls N/A-
07319785	0000001738872	Ttd 4 Soft White Craft Baked Rolls 270gram
07319794	0000001738889	Ttd 4 Soft Wholemeal Craft-Baked Rolls 270gram
06554736	0000001486384	by Sainsbury's 4 Stonebaked ciabatta rolls 300gram
BREAD (0474)		
00001151	0000000350921	Thick white bread 800gram
00014137	0000000014137	PREPARED
00280457	0000000280457	Medium wholemeal bread 800gram
00315289	00000000315289	Thick wholemeal bread 800gram
00492812	0000000492812	Medium white Scottish batch bread (Scotland only) 800gram
01048063	0000001048063	basics Medium sliced white bread 800gram
01070149	0000001070149	Plain White Medium Bread (N.Ireland only) 800ggram
01141122	0000001141122	Medium white Fresh for longer bread 800gram
01145595	0000001145595	Ttd Soft white farmhouse batch 800gram
01157215	0000001157215	Medium wholemeal Fresh for longer bread 800gram
01212143	0000001212143	SO organic White thick sliced bread 800gram
01318180	0000001318180	Ttd Soft Wholemeal Multiseed Farmhouse Batch 800gram
01351613	0000001351613	SO organic Stoneground wholemeal thick sliced bread 800gram
01351675	0000001351675	SO Organic sunflower & pumpkin seed thick sliced batch loaf 400gram
06334005	0000001216882	SO Organic multiseed wholemeal thick sliced batch loaf 400gram
06444520	0000001435702	Medium whole & white bread 800gram
06447724	0000001438437	Ttd Soft Wholemeal Farmhouse batch 800gram
06702820	0000001547849	Soft White Batch 400g 400gram
06837635	0000001602722	SO Organic wholemeal bread 400gram
06909870	0000001641721	basics Medium sliced wholemeal bread 800gram
07319807	0000001738896	Ttd Wholemeal Bloomer 400gram
07320300	0000001738933	Ttd Soft Oaty Farmhouse Batch 800gram
CAKE (0470)		
00573467	0000000573467	basics 6 apple pies 6-
07453036	0000001774320	6 Bramley apple & blackcurrant pies 355gram